

LIFE HEALTHCARE GROUP HOLDINGS LIMITED  
(Incorporated in the Republic of South Africa)  
(Registration number: 2003/002733/06)  
ISIN: ZAE000145892  
Share Code: LHC  
("Life Healthcare or "the Company")

#### DEALINGS IN SECURITIES BY DIRECTORS AND ASSOCIATES OF DIRECTORS

In compliance with the JSE Limited Listings Requirements, shareholders are hereby advised of the following dealings in securities by directors and associates of directors:

Director	:	Petrus Phillippus van der Westhuizen
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Nature of transaction	:	On-market receipt of Scrip Distribution Shares
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Class of securities	:	Ordinary shares
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Date of transaction	:	11 December 2015
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Number of Scrip Distribution Shares	:	1 403
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Deemed price per Scrip	:	R37.69
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Distribution Share	:	
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Total value of transaction	:	R52 879.07
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Nature of transaction	:	On-market receipt of Scrip Distribution Shares in terms of the Long Term Incentive Plan co-investment shares
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Class of securities	:	Ordinary shares
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Date of transaction	:	11 December 2015
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Number of Scrip Distribution Shares	:	606
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Deemed price per Scrip	:	R37.69
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Distribution Share	:	
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Total value of transaction	:	R22 840.14
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Nature of transaction	:	On-market receipt of Scrip Distribution Shares in terms of the Long Term Incentive Plan company matched shares
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Class of securities	:	Ordinary shares
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Date of transaction	:	11 December 2015
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Number of Scrip Distribution Shares	:	1 010
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Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R38 066.90
Nature of interest	:	Direct Beneficial
Clearance obtained	:	Yes
Director	:	Petrus Phillippus van der Westhuizen
Associate	:	Cornelia van der Westhuizen (spouse)
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	84
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R3 165.96
Nature of interest	:	Held by an associate
Director	:	André Meyer
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	70
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R2 638.30
Nature of interest	:	Direct Beneficial
Clearance obtained	:	Yes
Director	:	Peter John Golesworthy
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	515
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R19 410.35
Nature of interest	:	Direct Beneficial

Clearance obtained	:	Yes
Director	:	Mustaq Ahmed Brey
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	32
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R1 206.08
Nature of interest	:	Direct Beneficial
Clearance obtained	:	Yes
Director	:	Mustaq Ahmed Brey
Associate	:	Hamida Brey (spouse)
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	1 559
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R58 758.71
Nature of interest	:	Held by an associate
Director	:	Mustaq Ahmed Brey
Associate	:	Khalied Brey (son)
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	902
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R33 996.38
Nature of interest	:	Held by an associate
Director	:	Mustaq Ahmed Brey
Entity	:	Breyfin (Pty) Ltd
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares

Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	54 797
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R2 065 298.93
Nature of interest	:	Indirect Beneficial
Clearance obtained	:	Yes
Director	:	Mustaq Ahmed Brey
Entity	:	H Investments 157 (Pty) Ltd
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	1 310
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R49 373.90
Nature of interest	:	Indirect Beneficial
Clearance obtained	:	Yes
Director	:	Mustaq Ahmed Brey
Entity	:	Mushaky Family Trust
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	19 185
Deemed price per Scrip Distribution Share	:	R37.69
Total value of transaction	:	R723 082.65
Nature of interest	:	Indirect Beneficial
Clearance obtained	:	Yes
Director	:	Mustaq Ahmed Brey
Entity	:	Brimstone Manco (Pty) Ltd
Nature of transaction	:	On-market receipt of Scrip Distribution Shares
Class of securities	:	Ordinary shares
Date of transaction	:	11 December 2015
Number of Scrip Distribution Shares	:	288
Deemed price per Scrip	:	R37.69

Distribution Share

Total value of transaction	:	R10 854.72
Nature of interest	:	Indirect Beneficial
Clearance obtained	:	Yes

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15 December 2015

Sponsor

RAND MERCHANT BANK (A division of FirstRand Bank Limited)